

AFTER CARE INSTRUCTIONS

PROCEDURE	SWELLING	MOISTURE	AVOID UNTIL HEALED	COMMENTS
<p>Eyebrows</p> <p>Camouflage</p> <p>Areola Complex (wear a loose fitting T-shirt without a bra as often as possible for the first week following procedure)</p>	<p>Slight with transient redness</p>	<p>Keep area lightly moist using Q-Tip with 1% Hydrocortisone Crème a.m. and p.m. for 3-4 days as needed for redness, swelling and itching. If a slight crust appears on pigmented surface, do not force removal by picking, scratching, or washing!</p> <p>Use the packet of the sterile Vaseline ointment given to you when washing face or showering.</p> <p>Brows are not considered healed until all crusting has exfoliated.</p> <p>Do not use topical antibiotics!</p>	<ul style="list-style-type: none"> • Soaps, facial cleansers & water on pigmented area—wash around it. • Makeup on pigmented area until healed. • Retin A & Glycolic Acids on pigmented areas while healing. • Touching with fingers. Sunscreens. • Sun, tanning beds & Self Tanners on pigmented area. • Chlorine pools, Jacuzzis or saunas. • Hot, steamy long showers. Shower with your back to the water to avoid water, shampoo and conditioner getting onto pigmented area. • A thin coat of Vaseline over tattoo is a good idea before showering. • Sweat (gym) and Dirt (gardening) for the first week to prevent possible infection. 	<p>Don't be alarmed by fading after the first application. The final color cannot be judged until at least 2-weeks after the procedure. A follow-up visit may be required.</p> <p>Don't be alarmed if color comes off onto the Q-tip when applying a topical. This is normal.</p> <p>For Long Term Care:</p> <ul style="list-style-type: none"> • Use a sunscreen daily. • Never use moisturizer or makeup within ½ inch of the brow.
<p>Eyeliner</p>	<p>Moderate. An enclosed ice bag should be applied for first day -- 10 minutes on, then 10 minutes off. Following the procedure the area may be puffy for first few mornings, therefore, beginning on the second day, apply an ice bag on the eyes in the morning. Sleeping propped up and on your back will reduce swelling.</p> <p>Avoid food high in Sodium for a few days, as this can increase puffiness around the eyes.</p> <p>The wider the liner, the more swelling to be expected.</p> <p>Tails may cause redness on outer corner of eyes, don't be alarmed.</p>	<ul style="list-style-type: none"> • Night of the procedure – use Refresh eye drops. • Wash eyes the first morning following procedure with water and pat very lightly, dry. • Keep the upper eyeliner only slightly moist using a Q-Tip with the Sterile Vaseline given to you, as needed for • five to seven days. • Nothing other than Sterile Vaseline • should be used. • Do not use topical antibiotics! 	<ul style="list-style-type: none"> • Contact lenses day of procedure Please bring your glasses! • Chlorine pools, Retin A or Glycolic acids totally, Jacuzzis or Saunas, Terry Towels on pigmented area, Hot, steamy, long showers. Shower with back to water to avoid water, shampoo and conditioner from getting onto pigmented area. Apply a thin coat of Vaseline over pigment before showering. • All Aloe and Vitamin E products • Too much Vaseline. If you can see it, you have too much on. Simply apply the thinnest coat with Q-Tip and avoid getting it into your eye as this can invite an infection. Only re-apply when the eyelid area begins to feel tight. • No mascara for one week. 	<p>Don't be alarmed by fading after the first application. The final color cannot be judged until two weeks after the procedure.</p> <p>Don't be alarmed by color coming off onto the Q-tip, when applying Vaseline. This is normal.</p> <p>WARNING! Although your eyelid may have a slight pink or redness above the eyeliner, immediately following procedure, YOUR EYEBALL SHOULD NOT BE RED!!</p> <p>You must seek medical attention immediately if you see signs of bloodshot eyes or puss in the corners of your eye or eyes. This may be a bacterial infection that requires a physician.</p>
<p>Touch-Ups</p>				<p>Clients requesting a follow-up visit after a touch-up (for any reason) will be charged \$180.00 for the visit. The follow-up must be scheduled within 60 days of the touch-up visit.</p>
<ul style="list-style-type: none"> • For the Eyebrows use a good sunscreen daily. We recommend Coppertone Sport lip balm – spf 50. • If you donate blood, it is a Red Cross policy that you must wait one year after any tattooing procedure. • If you are planning a chemical peel, MRI or other medical procedure, please tell them that you have had an iron-oxide cosmetic tattoo. • Both ablative and non-ablative lasers may or will cause pigment to turn black, so avoid laser on pigmented areas. 				